

Frisco Footcare at Stonebriar

3550 Parkwood Blvd, Bldg G, Ste 703 Frisco, TX 75034

(214) 618-3750

SOAKING INSTRUCTIONS:

Mix Together: **1 Quart LUKE-WARM TAP WATER**
 3 Tablespoons TABLE SALT
 3 Tablespoons WHITE VINEGAR

- SOAK 2 TIMES A DAY FOR 15 MINUTES
- ALLOW TOE TO AIR DRY, OR PAT GENTLY WITH CLEAN TOWEL
- APPLY ANTIBIOTIC **CREAM** AND COVER WITH BAND-AID

*If you have EXCESSIVE bleeding, any questions or concerns,
Please call the office 24 HOURS PER DAY*